May 2021

Saint Clair Area Elementary / Middle School

LUNCH

School Information: Hello May…..Sweet April Showers do bring May Flowers.

Fitness Tip: MyPlate recommends:
- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday	Tuesday	Wednesday	Thursday	Friday
3 CHICKEN POT PIE WG ROLL, BROCCOLI CHIOCE OF FRUIT ALT:CHICKEN PATTY WG ROLL	**4** BEEF-A-RONI SHREDD CHEESE, BREADSTICK, PEAS CHOICE OF FRUIT ALT:CHICKEN PATTY WG ROLL	**5** BBQ CHICKEN WG ROLL,FRENCH FRIES BAKED BEANS CHOICE OF FRUIT ALT:CHICKEN PATTY WG ROLL	**6** SLICED TURKEY / GRAVY,WHIPPED POTATO,WG ROLL,CARROTS CHOICE OF FRUIT ALT:CHICKEN PATTY WG ROLL	**7** CH.BREADSTICKS/SAUCE ROMAINE & TOMATO SALAD GREEN BEANS CHOICE OF FRUIT ALT:CHICKEN PATTY WG ROLL
10 SEASONED CHICKEN MASHED POTATOES,WG ROLL,STEAMED CORN CHOICE OF FRUIT ALT: PIZZA SLICE	**11** TACO TUESDAY & CHIPS CHEESE,SHREDD LETTUCE SALSA, BROCCOLI CHOICE OF FRUIT ALT: PIZZA SLICE	**12** BUTTERED PIEROGIES STEAMED CARROTS CHOICE OF FRUIT ALT: PIZZA SLICE	**13** TURKEY IN GRAVY WG ROLL, SCALLOP POTATOES BAKED BEANS CHOICE OF FRUIT ALT: PIZZA SLICE	**14** MACARONI & CHEESE CHICKEN STRIPS,WG ROLL STEWED TOMATOES CHOICE OF FRUIT ALT: PIZZA SLICE
17 SWEET & SOUR CHICKEN BROWN RICE, GR.BEANS CHOICE OF FRUIT ALT: COLD MEAT SANDWICH	**18** TACO TUESDAY & CHIPS CHEESE,SHRED LETTUCE REFRIED BEANS,CORN CHOICE OF FRUIT ALT: COLD MEAT SANDWICH	**19** BAKED CHEESE PIZZA SIDE SALAD w/ TOMATOES STEAMED BROCCOLI CHOICE OF FRUIT ALT: COLD MEAT SANDWICH	**20** TURKEY IN GRAVY BAKED STUFFING, WG ROLL STEAMED CORN CHOICE OF FRUIT ALT: COLD MEAT SANDWICH	**21** CHEESE RAVIOLI CHEESE,WG ROLL,CARROTS CELERY STICKS / RANCH CHOICE OF FRUIT ALT: COLD MEAT SANDWICH
24 CHICKEN IN GRAVY BROWN RICE, WG ROLL STEAMED BROCCOLI CHOICE OF FRUIT ALT: HOTDOG WG ROLL	**25** GR.HAM & CH. PANINI SUN CHIPS, PEAS CHOICE OF FRUIT ALT: HOTDOG WG ROLL	**26** PASTA w/ MEAT SAUCE SHREDD. CHEESE,WG ROLL STEAMED CARROTS CHOICE OF FRUIT ALT: HOTDOG WG ROLL	**27** BBQ-SLOPPY JOE WG ROLL,GR.BEANS BABY CAKE POTATOES CHOICE OF FRUIT ALT: HOTDOG WG ROLL	**28** CH.BREADSTICKS,SAUCE ROMAINE & TOMATO SALAD KIDNEY BEANS CHOICE OF FRUIT ALT: HOTDOG WG ROLL
31 MEMORIAL DAY NO SCHOOL				